



Dear Parents/Guardians

This week we have been focusing on the value of “Respect” in the High School. Respect for yourself and your body. Respect for others and their possessions and respect for the environment in which we live and work.

If you want to be respected, but you’re not sure how this whole thing works. The key is to stop focusing on you, and start thinking about others. How can you make a difference in the lives of others? At St Nicholas we offer the following guidelines:

- Practise Integrity. Always tell the truth even if it is not convenient. Thomas Jefferson said, "He who permits himself to tell a lie once, finds it much easier to do it a second and a third time, till at length it becomes habitual; he tells lies without attending to it, and truths without the world's believing him."
- Practise Humility. All of our abilities, talents and skills were given to us by God. Being grateful for what we have and remembering that everyone is better than us at something helps us to be humble.
- Practise Dependability. The most respected people are also the most reliable, consistent and dependable.
- Get Priorities straight: You get self-respect, as well as the respect of others, when you know what you value and live by it. You know your priorities and base your work and life on those priorities.
- Practise Spirituality. Most of the most respected people in the world have deep spiritual beliefs that they live by. They have a strong moral compass, guided by their faith and are very clear on the behaviours required to live a virtuous life.

St Nicholas is a school that knows the importance of a value-driven education for your child. Help us to create the strong, moral foundation on which they can build their lives.

Yours sincerely

Leon Grove

“If you want to be respected by others, the great thing is to respect yourself. Only by that, only by self-respect will you compel others to respect you. “

Fyodor Dostoyevsky