



# St Nicholas Diocesan School

A Co-Educational, Independent, Anglican, Day and Boarding School for pupils from Grade RR-12

Friday, 26 July 2019

Dear Parents/Guardians

The term is off to a strong start with our learners participating in numerous soccer and basketball games with very pleasing results. I would also like to thank all of the parents who made the time to come and meet with teachers at the Parent Contact Evenings. It is always good to know that we can rely on support from our parent body.

For the next two weeks we will be focusing on the theme of "Respect". Our first focus point will be on our children's self-respect which is reflected in the following ways:

- Being an honest person both with yourself and with others. At school this includes not copying or plagiarising work; letting teachers know if you see something wrong being done; being able to admit when you have done something wrong.
- Valuing the importance of Academics. Self-respect requires that you always hand in work that is of the highest quality. If you are handing in work just to get a pass it shows disrespect to your God given potential.
- Ensuring that your appearance and health are a priority. Coming to school well-groomed and properly dressed is essential to self-respect. If you look good you feel good. Looking after your body by eating healthy foods and not putting harmful substances into your body is also an important aspect of self-respect.
- Understanding the value of good manners. Good manners will make you look good in the eyes of others and this will boost your self-esteem.
- Learning to understand which friends are good influences and which are bad. People with self-respect choose friends that help them achieve positive goals and turn away from those that distract them from these goals.
- Treating others the way you would want to be treated is a sign of a person with self-respect. Bullying others or disrespecting teachers is often a sign of a child with very little self-respect.

Ron Berger says that when children enter the working world they will be judged on the "quality of their work and the quality of their character." Young people today often fail to see the importance of developing their character. It is up to us as teachers, parents, guardians, families and communities to instil a strong set of values, including respect, in our children. The best way of doing this is by being role models of the behaviour we expect and to constantly remind them of the importance of building a strong character.

Yours sincerely

Leon Grove



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