



Dear St. Nicholas Mums, Dads and Staff,

WOMEN'S DAY - Last Saturday was Women's Day. It is a day of deep historical significance in South Africa. On 9 August 1956, more than 20 000 courageous women from all walks of life marched to the Union Buildings in Pretoria. They stood in unity against unjust pass laws, carrying petitions and singing the now famous words "Wathint' Abafazi, Wathint' Imbokodo" – "You strike a woman, you strike a rock." (from the internet)

Since that day, Women's Day has not only honoured the bravery of those women but also serves as a reminder of the strength, resilience and grace of women in our country. I would like to wish all our St. Nicholas mums, grannies, aunts, girls and female staff members a truly happy Women's Day. Thank you for being the rock in your families, your workplaces and in our broader school community. Your compassion, kindness, empathy and unwavering support is most appreciated by our children and me.

PROUDLY PRIMARY CONFERENCE - Last weekend, all our teachers attended the Proudly Primary Conference, a gathering of passionate educators from across Southern Africa. The sessions were inspiring, practical and packed with innovative ideas. Our teachers are energised and excited, ready to implement some of their latest learnings in our classrooms, all with the goal of ensuring that your children benefit directly from fresh, creative approaches to teaching and learning.



The Proudly Primary Conference also reaffirms us as primary school teachers about the critical role we play in our children's educational journey and ultimately their success in high school and beyond. When children do well in Grade 12, it is their high school teachers who receive all the accolades. However, these successes in Grade 12 and beyond start with the solid foundation these children receive in primary school!

CLASS CAMPS – This week and next week, our Grade 4 to 7 learners will be heading off on their annual class camps which is always a highlight of the school year! These camps are held at outdoor adventure venues where children engage in activities designed to build teamwork, problem-solving, resilience and independence.

Camps like these benefit our children in so many ways:

- Teamwork & Collaboration: Learning to rely on and support one another through group activities and challenges.
- Independence & Responsibility: Managing their own belongings, keeping to schedules and making simple daily decisions.
- Problem-Solving Skills: Tackling real-life challenges such as navigating obstacle courses or working together to solve clues.
- Physical Fitness: Participating in outdoor games, hikes and activities that promote healthy movement and stamina.
- Resilience: Pushing through small discomforts (cold mornings, trying new foods, sleeping away from home) and realising they can adapt.
- Appreciation for Nature: Spending time outdoors fosters an awareness of the environment and the beauty of the natural world.
- Stronger Friendships: Sharing adventures, laughter and even challenges deepens connections between classmates.
- Self-Confidence: Discovering new abilities and recognising their own strengths in unfamiliar situations. (from the internet)

Your children's safety is our top priority. All camp venues are reputable, fully staffed with trained facilitators and have medical personnel on hand. Teachers will accompany each grade and remain with them for the duration of the camp. Every activity is supervised, and we keep a close watch to ensure that children are safe, comfortable and well cared for, while still having plenty of fun! More details regarding your child's camp will be sent directly to you.

We look forward to welcoming our campers back on our campus a little more confident, a little more independent and with plenty of stories to tell.

TkR Sae

Kamal Rugbar

Headmaster – Junior School



Assembly: Ms Y Opperman & Grade 4O

Grade 4O presented a wonderful assembly on words of affirmation and encouraging others. The children spoke so clearly and their quotes were moving and inspiring. They performed an energetic dance together and showed us 2 video clips on how important, unique and special every human being is. We are here as God's plan and He loves each and every one of us unconditionally.

Be confident in who you are and be kind when speaking to others, ALWAYS!



<u>Date</u>	<u>Event</u>
Monday, 11 August	Grade 5s depart for Greystones (Day 1)
Tuesday, 12 August	Grade 1 & 2 Boys Hockey vs. Richmond at St. Nichols Grade 1 & 2 Girls Soccer vs. Richmond at St. Nichols Grades 5s at Greystones (Day 2)
Wednesday, 13 August	U10 & u13 Boys Hockey vs. N/Park (A) Grade 5s return from Greystones (Day 3)
Thursday, 14 August	Grade 3s to Botanical Gardens for Happy Earth Day